

## Honey Nussbaum video transcript

I am Honey Nussbaum.

I try to live my life as much as possible.

I have no patience to sit at home, even though I got a nice flat.

I like to get out of the house, out, out, out, always somewhere.

I like to play bridge, cards. I love it and I play as often as I possibly can.

I see the children, grandchildren. I've got great-grandchildren as well and I love that very much.

I remember I used to always wear very high heels, because my husband was very, very tall.

I started falling down in the middle of the street sometimes, so I got up and one day I could not get up and nobody helped me, because I was a young woman. Why should they help me? Let her get up herself.

It started off like that and I didn't... It slowly and slowly got worse and worse and worse, and so my life got more and more difficult.

And one day I discovered if I sit in a wheelchair my life is so much easier.

I want to tell you that I am one of the lucky ones. I promise you, believe it or not.

You don't think so I imagine, but I'm one of the lucky ones, because I can manage things, I can...some things.

I cannot walk, but I manage and there are people in much more worse positions if they've got MS.

It's a horrible, disgusting, horrible illness and that's why I'm saying that I'm lucky, because I can manage as I do.