

Jonathan Abro video transcript

I am Jonathan Abro.

Well, I'm definitely fun loving. Love to travel. I've been really lucky enough to travel hugely. I've travelled a lot of the world.

I grew up in South Africa and as an adult I moved to London, and continued my career in computers and just love living in London.

I live right in the middle of London - theatre, parks, everything that London has to offer. It's just the most exciting place to live.

When I was first diagnosed with Retinitis Pigmentosa, I had no idea, had no idea what it meant. I had no idea what the future held. I had no idea whether I would keep the amount of vision I had or not.

I didn't think too much about it. I thought I had to give up driving, so I was annoyed that I had to rely on people. I'm hugely independent.

I then moved to London, because that was easier than relying on people, so that was another big step in my life.

Picking up the cane was a huge step in my life, but I can say with certainty that the moment I picked it up it improved my life beyond my expectations.

It's the continuous changes and having to learn to accept that there is change, learn that you have to ask for help and not being afraid to ask, because people like to help.

We have two choices in life; we can get on with it or we can give up.

As visually impaired, I'm actually registered blind because I've got so little vision, I can either sit at home and cry or I can get on with it, and I choose to get on with it.

Looking back, would I change anything? Definitely not.

Would I like not to have RP? Absolutely yes, but then who knows what life would have brought me then.